

Heartline Affirmation

I am in touch with the source of all life
And I am open to receive all energy from this source.
My purpose is to know and be love.
My intent is to know the fullness of life,
and the love that I am.

I deeply desire to know, to be, to understand,
To experience, and to express,
the love that I am.

I ask that the light of the source surround me,
Enfold me, and embrace me.
I ask that the love energy flow through me now.

From this day forward I am better able to be the love that I am
and to know that I have no limitations.
For I am this energy –I am love.
And because I am love,
I live each moment of this day in heartfelt gratitude
And deep, abiding appreciation for All That is.